Anagrams Plus One

Rules:

- 1. Every word must contain all of the letters in the word immediately above it, reordered plus the additional letter shown.
- 2. In difficult cases a sly crossword-type clue is provided.

Z	Е	N				
	0					
D						
			I			
			K			
With too many drugs or not enough sleep						
						S

They're basically half-assed.